

# GUIDE TO MENTAL HEALTH SERVICES and RESOURCES

## Alcohol, Drug & Other Addictions (AODA)

Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF)	715-327-4402
Northwest Passage, Ltd (Frederic)	715-327-4402
Polk County Behavioral Health & Chemical Dependency (MA, MC, SF)	715-485-8400
St. Croix Regional Medical Center - Behavioral Health (MA, MC, SF)	715-483-0243

## Crisis Numbers

National Suicide Prevention Lifeline (24/7)	800-273-8255
Northwest Connections (24/7 Mental Health and AODA Hotline)	888-552-6642
Polk County Human Services	715-485-8400

## Developmental Disabilities Services

Family Innovations, Inc (Balsam Lake) (MA, SF)	715-338-3133
Judith Driscoll, MS, LMFT (Milltown) (SF)	612-961-2199
Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF)	715-327-4402
Osceola Medical Center (MA, MC SF)	715-294-2111
Peace Tree Counseling (Osceola) (MA, SF)	715-755-2233
Polk County Behavioral Health & Chemical Dependency (MA, MC, SF)	715-485-8400
Sharon Ward, MA, LP, Licensed Psychologist (St Croix Falls) (SF)	952-491-4490
St. Croix Regional Medical Center - Behavioral Health (MA, MC, SF)	715-483-0243
The House of Hope (St Croix Falls, Milltown) (MA, SF)	651-795-9777
Thoen Counseling Services (Osceola) (MA, SF)	612-554-8914
Travis Hinze, PhD, Licensed Psychologist (Osceola) (MA, MC)	800-994-4693

## Mental Health Counseling

Amery Behavioral Health Center (MA, MC)	715-268-0060
Family Innovations, Inc (Balsam Lake) (MA, SF)	715-338-3133
Higher Ground Family Therapy (Osceola) (SF)	715-440-5245
Judith Driscoll, MS, LMFT (Milltown) (SF)	612-961-2199
Marina H. Peacock, MSW, CAPSW (Osceola) (SF)	715-790-5761
Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF)	715-327-4402
Northwest Directions (Outpatient Treatment) (MA, SF)	715-491-8560
Northwest Journey (Amery - Day Treatment) (MA, SF)	715-268-5404
Northwest Journey (Siren - Day Treatment) (MA, SF)	715-349-2829
Northwest Passage, Ltd (Frederic)	715-327-4402
Peace Tree Counseling (Osceola) (MA, SF)	715-755-2233
Polk County Behavioral Health & Chemical Dependency (MA, MC, SF)	715-485-8400
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## Resources for Older Adults

Adult Protective Services - Adult-At-Risk and Elder Abuse	715-485-8400
Aging and Disability Resource Center of Northwest Wisconsin	877-485-2372

## Home-Based Services (through Medical Assistance)

Peace Tree Counseling (Osceola) (MA)	715-755-2233
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## Psychiatric Services

Amery Behavioral Health Center (MA, MC)	715-268-0060
Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF)	715-327-4402
Northwest Passage, Ltd (Frederic)	715-327-4402
Polk County Behavioral Health & Chemical Dependency (MA, MC, SF)	715-485-8400
Osceola Medical Center (MA, MC, SF)	715-294-2111
St. Croix Regional Medical Center - Behavioral Health (MA, MC, SF)	715-483-0243

## In Patient Services (Age 45+)

Amery Behavioral Health Center (MA, MC)	715-268-0070
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## Residential Services

Northwest Passage, Ltd (Frederic) - Children and Adolescents	715-327-4402
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## Day Treatment Centers

Amery Behavioral Health Center - (Age 45+) (MA, MC)	715-268-0070
Northwest Journey (Amery - Day Treatment) (MA, SF)	715-268-5404
Northwest Journey (Siren - Day Treatment) (MA, SF)	715-349-2829

## Sex Offender Treatment

Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF)	715-327-4402
Northwest Passage, Ltd (Frederic)	715-327-4402

## Psychological Testing / Evaluation

**Assessment (See Key Below)**

Northwest Counseling & Guidance Clinic (Frederic) (MA, MC, SF) N, C, P	715-327-4402
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Sharon Ward, MA, LP, Licensed Psychologist (St Croix Falls) (SF) C	952-491-4490
Thoen Counseling Services (Osceola) (MA, SF) C, P	612-554-8914
Travis Hinze, PhD, Licensed Psychologist (Osceola) (MA, MC) N, C, P	800-994-4693

**Assessment Key:** N Neuropsychological C Court Ordered P Psychological

## Payment Sources and Key

All organizations listed accept private insurance (Medica, Blue Cross, Health Partners, etc.) or allow for self-pay. Other payment options are indicated by the following:

- MA Medical Assistance (Badger Care, Medicaid, Benchmark)
- MC Medicare
- SF Sliding Fee Scale

# The Mental Health Task Force of Polk County

## Who We Are

The Mental Health Task Force of Polk County is a 501 C3 nonprofit organization, comprised of a coalition of community partners including area medical and mental healthcare providers, government and law enforcement representatives, human service agencies, volunteer organizations, school counselors, treatment facilities, educational services, and community members.

## Our Mission

- Reduce the stigma that is associated with mental health issues
- Improve access to mental health care
- Increase awareness of mental health issues through educational programming
- Identify and address mental health issues that face our community
- Prevent suicide by building awareness within our community

## You Are Not Alone

Statistics show that 1 in 4 people are affected by depression alone. The Mental Health Task Force wants you to know that help is available, right now and in your community!

## Our Website

For answers to common mental health questions, information about resources, direct links to providers' websites, or to download this guide, go to:

[mentalhealthpolk.org](http://mentalhealthpolk.org)

The Mental Health Task Force of Polk County does not endorse any of the organizations or individuals listed in this guide. It is intended as a service and convenience for the residents of Polk County.



The Mental Health Task Force of Polk County  
PO Box 432  
St. Croix Falls, WI 54024

# A Guide to Mental Health Services in Polk County



**Mental Health Task Force of Polk County**  
[mentalhealthpolk.org](http://mentalhealthpolk.org)